



## Newsletter

## March 2018

Whistler Mature Action Community Newsletter

### Winter 2018 Update

We have had a fabulous winter with snow just coming and coming! I'm sure everyone has either been up the mountain or out in the snow somewhere! What a beautiful place we live in!! Your MAC Board has been busy this past year as we move into a new era with Whistler Blackcomb changing hands and maybe changing some of our lives and ideas about the community. The RMOW is working on an update for the OCP. You can voice your opinions on what we, as Seniors, would like to see in this plan for our future through an online survey and attendance at various meetings over the next several months.

### Projects and Workshops:

We would like to thank all the MAC members who volunteered their time to work with students at Spring Creek Elementary School for the past 5 weeks. Thankyou Kathy White and Janice Lloyd for your work to make this project happen.

The Workshop – Preparing for your Departure – a joint project of MAC, CFOW, and Sea to Sky Community Services and the Library was very informative and interesting.

Pemberton Seniors, who attended, are having it repeated in May for their members.

### WHA Housing

Housing is still a big issue and we are looking forward to the ground breaking for the Seniors' rental housing on Lot 10 in Rainbow in front of Solana. Many of our newest members are interested in what will happen with these rental units. If seniors don't step up and take the units when they become available, they will go to other people on the WHA list. Therefore, we would appreciate it if you could help us out by letting us know your plans for housing by logging onto the MAC website with your user ID and password, go to 'Change your Details' under the **MEMBERS SECTION** and answer a few

questions. We need data to help us help you achieve what you would like in the future and this is one of the best ways to get that data. Please help us out.

### MAC AGM – April 9, 2018

This year the AGM will be held in the Community Room at the Library. It will start at 6:30 p.m. with time to socialize after the meeting. Please mark it on your calendar.

### Whistler Creek Athletic Club

Did you know that Creekside gym offers a group circuit class for adults 55+ with a discount for MAC members. Class is a mixture of free weights and resistance machines led by Mandy Dobbs, a personal trainer at the Whistler Creek Athletic Club for 31 years. There is no pre-booking required to join the class at 10:00 a.m. Monday-Saturday. The first class is free of charge. There is also a social component. Something new to try!