



WHISTLER MATURE ACTION COMMUNITY NEWSLETTER



MAC Newsletter Winter 2020

MAC Christmas Party 2019

The party this year presented our new Social Director, Charalyn Kriz, with some stressful time and a lot of effort as several venues were closed for renovations this Fall. At the last moment, she was able to secure the Whistler Golf Clubhouse as the venue and The Venue Catering to cater the dinner. The party was a great success, but we were not able to accommodate quite as many guests as usual. Hopefully, next year will prove to be easier to arrange and everyone will be able to get tickets. Huge Kudos to Charalyn & social committee team to get it all done – complete with singers, a great buffet dinner and plenty of draw prizes plus dancing.

Seniors' Rental Building

The new Seniors' rental building on Bear Paw Trail saw its' first tenants move in during December. Although with the new WHA restrictions, it wasn't completely filled with our local Seniors, but the majority of suites were. We hope that when units become available over the course of time, more seniors will qualify and move in.

Strategic Plan

Last summer MAC received a grant from the municipality for Community Enrichment and was able to hire Shannon Gordon from the Whistler Centre for Sustainability to help us plan for MAC's future. We would like to thank those members who helped Shannon and members of the Board at several sessions in the fall to come up with the new Strategic Plan. Please read the new

Strategic Plan attached at the end of the newsletter. Each Board member has been allocated a committee to oversee as we work to implement this plan. We welcome your input to help implement our new plan. Please help us by emailing by January 10th to info@whistlermac.org with the committee(s) you are interested in. The Board Member responsible will contact you.

RMOW applies for Age Friendly Community Grant

Kathy White, our Chair, went before City Council and asked the RMOW to apply for the \$25,000.00 grant offered by the Union of BC Municipalities to help formulate a plan to become an Age Friendly Community. The RMOW council approved this plan and will apply for this grant early in the New Year. We will await the UBCM decision early 2020.

Activate and Connect Seniors Programs at WCSS

Activate and Connect continues to offer a variety of programming every Thursday Morning from 9:30 – 11:00 a.m. for us! Please check the MAC Calendar of events, the WCSS calendar of events and our Facebook – Whistler Mature Action Community Group Page for the latest program updates. Please support WCSS in their efforts to give Seniors here in Whistler some programming that doesn't involve either skis or bikes. Not everyone continues to feel comfortable doing the activities that have been such an important part of our

lives. If we don't support this programming, they may decide that we don't want it. If you have ideas for programs that you would like to see, please let Sharada Clayton at www.mywcss.org know what you think would be a good idea. Meanwhile, please check out the current programs at the WCSS building 3rd floor at 9:30 a.m. every Thursday. Whistler Community Social Services has partnered with MAC to offer this program to us. Please come out & support these events!

Coffee and Chat at Cranked

Take a bike ride, stroll, walk or drive up to CRANKED right beside the Independent Grocer in Rainbow any other Tuesday morning from 10:00 a.m. to 12 p.m. for great coffee and food (MAC members get 20% off) and stay for a chat, meet up for a hike or walk, or maybe meet some new people! This coffee shop/restaurant takes great pride in their coffee; where the beans come from, how they are ground and weighed to make the perfect coffee every time. We had a great presentation from them as well as some other speakers in the fall. Watch their Facebook page and ours for updates about upcoming presentations.

Upcoming Social Events:

Now that 2020 is here, we would like to remind you that we are planning seminars and events in the New Year. Please check our calendar and our Facebook Page. In 2020 it's a great time for MAC members to "Bring a Friend" to enjoy fun times together, build advocacy & strengthen our membership!