



MAC Newsletter Autumn 2019

WHISTLER MATURE ACTION COMMUNITY NEWSLETTER

Time is flying by with Thanksgiving already in the rear view mirror. Next up:

Fall Masque, October 30th at the Alpine Café:

Tickets are on sale now. Go to the MAC website – www.whistlermac.org, sign in with your userID and password and get select “Book an event, then Hallowe’en Masque” to buy your tickets. \$30.00 per person for a four course meal with tax and tip included. That’s the best deal you’ll find in this town!!

ICBC Workshop - October 31st

ICBC will be at the library in the Community Room on October 31st from 1:00 p.m. till 3:00 p.m. to tell you all about the new regulations for seniors which will affect you now or in your future. All your questions can be answered at that time. Sign up at the library now. Refreshments will be served courtesy of Better at Home, Sea to Sky Community Services. This is a joint project with the Library, MAC and Better at Home, Sea to sky Services

Christmas Party 2019

The proposed date is Thursday, December 5th. Nicklaus North and the Venue are both undergoing renovations this winter making it very difficult for us to find a space to hold it but our new social director, Charalyn Kriz is

trying her best to solve the issue. Watch your email and our Facebook Page – **Mature Action Community Group** – for updates as soon as we know.

Seniors’ Rental Building

The new WHA Seniors’ rental building in Rainbow on Bear Paw Trail had a very short open window for applications a few days ago. Hopefully, you read your email and were all ready with your documentation and got your application submitted in time, if you were interested in this rental opportunity.

MAC celebrated National Seniors’ Day on October 1st by announcing a new Strategic Plan

This new plan is available on our web-site, in case you missed it that day. Along with the new Strategic Plan announcement; WCSS’s new Executive Director Jackie Dickenson gave us a bit of an overview of her first year and the ways in which WCSS supports the community. Nadine White from the Library told us about all the services the Library has to offer us, many of which were unknown to a lot of us! Better at Home, Sea to Sky Services once again appealed to Whistler seniors to volunteer their services to help Better at Home meet the needs of people throughout the corridor who need a bit of help, whether it be a ride to a doctor’s appointment or someone to pick up some groceries for them or just to stop by and say hello to someone who needs a visit. After some light

refreshments, we finished the afternoon with a CBC POV presentation “Never Too Old to Learn to Skate” about some women living in the Okanagan who decided to try and take their figure skating abilities to the world championships. It was a nice story with some laughs and even a few tears. All in all, it was a fun, informative National Senior’s Day.

Activate and connect at WCSS

Activate and connect has been a success this summer running only every other week. Now it’s back every Thursday for the Fall, winter and Spring months. Come check it out at WCSS building, 3rd floor! WCSS’s Sharada has lots of ideas for interesting Thursday mornings. First Thursday of each month will be a restorative yoga class and there will be a walk on another Thursday morning. Watch the WCSS Facebook page and the **MAC Facebook Group page** for details. Please come out and support the programming.

Coffee and Chat at Cranked

Take a bike ride, stroll, walk or drive up to CRANKED right beside the Independent Grocer in Rainbow every second Tuesday morning from 10:00 a.m. to 12 p.m. for great coffee and food (Don’t forget to mention you are a MAC member to get 20% off) and stay for a chat, meet up for a hike or walk, or maybe meet some new people! Kathy has plans for some presentations as well. Once again, check out the **MAC Facebook Group Page** for the latest details.