





Meeting Record

Senior's Needs Assessment Focus Group Meeting

Wednesday, June 05, 2013 6:30 p.m.

Facilitator and note taker:	Sue Lawther
Attendees:	Sue Lawther, Linda McKean, Mark Watson, Freda Cook, Melissa Deller, Jan Mitchell, Phil Mitchell, Linda Jenkinson
Regrets:	Celia Brooks, Kathy Macalister, Michelle Cary-Barnard, Judy Gaudin-Reise,
Guests:	none

Issue	Discussion	Action:
Opening Remarks	Sue thanked everyone for coming and opened the meeting.	
Review of Last Meeting's Action Steps	<p>Review Action Steps from last meeting:</p> <ol style="list-style-type: none"> complete NH scrapbook and circulate for approval before publication. continue working with Margaret and Jane on Sea2Sky Transportation contact Church for date availability for Town Hall Meeting send out reminder to MAC members who have not paid and include note about bringing in new members ask questions of our candidates at the All Candidates meeting May 6th review downsizing drafts and make revisions as suggested 	<p>Completed</p> <p>Ongoing</p> <p>Completed</p> <p>Completed</p> <p>Completed</p> <p>Ongoing</p>
New Horizons Grant Reporting	<p> the scrapbook has been completed and submitted. One copy will remain in the Resource Library at the Seniors Drop in Centre</p> <p> our project has been classified as a "success story" and will appear on the NH's website as a model for other organizations</p> <p> Sue has been asked to speak at 3 New Horizons for Seniors events ... the scrapbook is a great tool at these presentations</p> <p> We have been asked to look at the list of successful projects to see if there is anything there that might be a good project for us for next year. We have also been told to apply for the full \$25K this time!!</p>	<p>All – access the NHS website and review success projects to see if there is anything we could replicate here in Whistler</p>
Transportation Update	<p>Jane (Better @ Home) has met with both Melissa and Sue. She is looking to hold a community forum in September at the Church Hall. More details to follow as we receive them.</p> <p>Margaret Forbes met with Melissa and with Sue and Phil. She will be presenting her report finding at a Sea2Sky Corridor Transportation meeting currently scheduled for June 24th. Melissa and Phil will be attending.</p>	<p>All – remind everyone you know to complete the B@H online survey</p>
SNAP Report	<ul style="list-style-type: none"> 2013 Lifestyle Expo is a 'go'. Date co-dependent on VCH but will likely be late October as usual. Intergenerational activity this month is cooking Promoting the Concept of Personhood in Practise video available for loan from Melissa. WCSS AGM is June 19th. BBQ and meeting @ 4:00 p.m. 	

	<ul style="list-style-type: none"> • Amy the audiologist is scheduled for June 20th at the Drop in Centre. 50+ hearing screening is scheduled for June 24th. • Walking group continues to be successful ... 17 participants this morning ... and is 2 hours long with coffee afterwards. Location varies – check with Melissa for schedule. 	
Ironman Update	<p>The next team captain meeting is scheduled for early next week. We have a full complement of volunteers, but if someone really wants to join the team, encourage them to sign up as there are always last minute changes!</p> <p>General discussion ensued as to a costume with lots of ideas and suggestions (some not so printable!). It was generally agreed that a t-shirt with a photo or drawing on the front would be a fun identifier without costing volunteers too much. Linda Jenkinson volunteered to play around with printing off a photo to either iron onto a t-shirt or sew onto a t-shirt. Freda will check with local suppliers for silk screening costs.</p>	<p>Freda to keep team updated on any pertinent information Linda Jenkinson to play with t-shirt printing Freda to check silk screening costs</p>
My Health My Community	<p>My Health My Community is a web-based health and wellness survey that gives residents the opportunity to help influence their community's health priorities. This innovative new initiative was created through a joint partnership between Vancouver Coast Health, Fraser Health, and the UBC Faculty of Medicine eHealth Strategy Office.</p> <p>Partnerships with local governments, healthcare decision makers, academia, and community stakeholders are critical to creating the powerful coalitions needed to promote health and well-being. MHMC aims to build inter-sectoral coalitions that will influence the wider social determinants of health and tackle health inequalities while shaping community services and amenities to meet local needs. MHMC will collect data on health, lifestyle, environment, and community characteristics. The main categories are:</p> <ol style="list-style-type: none"> 1. Socio-demographic 2. Health status 3. Lifestyle 4. Healthcare access/Primary care 5. Built environment/community involvement <p>The online component will be supplemented with in-person surveys to ensure the inclusion of a broad representative range of people.</p> <p>It was suggested that we contact the RMOW (probably Kevin Damaskie) to determine if MAC could be of assistance in getting people to participate.</p>	<p>Sue to contact RMOW's Kevin Demaskie</p>
Seniors' Forum Report	<p>Sue participated in a 2nd CBC Radio One debate on the eve of the election. The next Senior's Forum meeting will likely not be until the Fall.</p>	
Strategic Drivers: Membership Drive	<p>Our first focus should be on getting our own members to renew their memberships. It was generally agreed that we need to send an actual invoice out to members.</p> <p>Our new membership chair is meeting with Patent Pending Ideas on Monday and will begin activation of the online membership function. This software program will also automatically send out renewal reminders.</p> <p>The Town Hall meeting was not sufficiently supported by Board and Focus Group members so will be rescheduled for later in the year. A volunteer is needed to take on the scheduling.</p>	
Downsizing Guide	<p>The sticky note session was scheduled for Tuesday, June 18th @ 5:30 p.m. Lasagne and salad will be provided. BYOB as long as all bottles are removed from the premises and no liquor is actually sold.</p> <p>Sue and Melissa reported on their meeting with The Question and although Tanya Foubert has left the position of Editor due to ill health, the project is fully supported by The Question.</p> <p>The discussion then moved on to the front page quiz. The group reworked the "description" for several of the "issues" to be more user specific. The quiz is fun and generally felt to be a good method of engaging the reader. The Question had suggested a rating scale of 1-5 (rather than 1-10) and we need to put together a rating guide to downsizing readiness. We will do this at the sticky</p>	<p>Melissa to follow up with Stephanie for timeline and date commitments All to review the category copies and come to the sticky note session with ideas and suggestions</p>

	note session. The categories will be reworked at the sticky note session and the final draft will be circulated in early July for team review.	
Action Steps	<ol style="list-style-type: none"> 1. access the NHS website and review success projects to see if there is anything we could replicate here in Whistler 2. remind everyone you know to complete the B@H online survey 3. keep Ironman team updated on any pertinent information 4. experiment with Ironman t-shirt printing 5. check silk screening costs for Ironman t-shirts 6. contact RMOW's Kevin Demaskie re: My Health My Community 7. follow up with Stephanie for Access Whistler Guide timeline and date commitments 8. review the downsizing guide category copies and come to the sticky note session with ideas and suggestions 	<p>All</p> <p>All</p> <p>Freda</p> <p>Linda</p> <p>Freda</p> <p>Sue</p> <p>Melissa</p> <p>All</p>
Set Next Meeting Date	The next meeting date was set for Wednesday, September 04, 2013 in the Outreach Room at <i>The Whistler Blackcomb Foundation Social Services Centre</i> at 6:30 p.m.	
<h2>Parking Lot</h2>		
1.	Nurse Practitioners in Whistler – a new model for gerontology?	
2.	How do Seniors age in place in a virtual community?	
3.	Is there a role for the group as a catalyst for support groups?	
4.	Library partnership potential?	
5.	Vehicle sharing of Adaptive Sports van – this could come into play with STAR initiative????	
6.	Schedule follow up Town Hall meeting later in the year (2012)	

Next Meeting Takes Place....

Date	04 September 2013	Start	5:30 p.m.	End	7:00 p.m.	Location	Outreach Room, WB Foundation Social Services Centre (Spring Creek)
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