



Meeting Record	<h2 style="text-align: center;">Senior's Needs Assessment Focus Group Meeting</h2> <p style="text-align: right;">Wednesday, 01 October, 2014 5:30 p.m.</p>	
Facilitator and note taker:	Sue Lawther	
Attendees:	Sue Lawther, Kathy Macalister, Freda Cook, Melissa Deller, Linda Jenkinson, Dawn Minnett, Celia Brooks, Michelle Cary-Barnard, Linda McKean	
Regrets:	Phil Mitchell, Jan Mitchell, Judy Gaudin-Riese	
Guests:		
Issue	Discussion	Action:
Opening Remarks	Sue welcomed everyone to the meeting and thanked participants for their continued enthusiasm.	
Review of Last Meeting's Action Steps	Review Action Steps from last meeting: <ol style="list-style-type: none"> 1. continue working with SSCS on Transportation fund raising 2. contact us as needed to proof the Savvy Whistler Guide 3. contact Donna Savage to 'chat' about a more suitable role for us 4. think about ideas for our 3rd annual town hall meeting featuring guest speaker Norm McPhail 5. contact Wendell to sound out the idea of creating a seniors' meeting place on the mountains 	Ongoing Completed Completed Ongoing Tabled
Transportation Update	After our presentation to WHCF, we felt there were some stumbling blocks to the grant application as it was not a good fit for their organizational mandate. They left us with the thought that they would like to help us with the initiative, but could not quite see how they could get around CCRA requirements. Plan B was to apply to WB Foundation, and we have done that. Application deadline was October 1 st and SSCS sponsored the application on behalf of the Sea to Sky Transportation Committee. We were contacted by WB Foundation for supporting documentation and will now await the outcome. If not successful we will look to community organizations within each community to help sponsor the start-up of the program in Squamish and Pemberton, and enable enhancement of the program in Whistler.	Sue and Melissa to continue working on the Transportation Initiative
Seniors' Outreach Report	<ul style="list-style-type: none"> • Mad Hatter Tea Party : 40+ attendees. Great fun! Cake from Nesters was amazing. The location was good. Take away for next year – have a committee to help with organization. Plan for a real 'tea' with little sandwiches and scones with cream/jam. Encourage people to 'dress for the occasion' with lots of hats and fun stuff. <div style="text-align: center;">  <p>... Melissa!</p> </div>	Sue to put Flu Shot/Wellness Expo flyer on MAC website All to mark the date and come in costume! All to call Melissa for Welcome Dinner volunteering

	<ul style="list-style-type: none"> • Claire Mozes has left WCSS to pursue other career opportunities. Her tasks have been divided up, and Devin is now Melissa's direct report. • Flu Clinic/Wellness Expo is on October 31. Fun! Flu shots will be available from 9 am to 12 noon, but Wellness Fair hours have been extended to 1:30 p.m. (people did not want to leave last year so have worked with that to extend the hours). Set up will be similar to last year and the Howe Sound Women's room will once again be the social centre! • Speakers program brings Dr. Harvey (mental health wellness) on October 17th and Peter Shrimpton (Estate Planning) on October 23rd. • Welcome Dinner Table Hosts are needed for November 19th. Sign up with Melissa. • Hot lunch for seniors at the Church Hall being organized by Izzy McLaren on October 22nd. 	
Savvy Whistler Insert Update	2014 Savvy Guide was a bit of a rough ride but it is a compromise that both The Question and WCSS could live with. Not everything is about advocacy, but the general gist of it is there, and the list of resources is the important focus, so it continues to serve our purpose. Not sure The Question will do it next year ... we may need to look to an alternate method of funding or production.	Explore alternatives at next meeting.
Ironman Update	Freda reported that she spoke to the new race manager and feels that many of our issues will be sorted out for Ironman 2015.	Table decision regarding volunteer position until we know more about changes
Initiative #1 : Collect Data	<p>We continue to work with RMOW's Norm McPhail on the following data points:</p> <ul style="list-style-type: none"> • How many 2nd homeowners between the ages of 45 and 64 are planning on making Whistler their primary residence • What the projected growth patterns are • How many current residents are planning on ageing in place here in Whistler • If access to health care was expanded, would that influence a decision to stay • By age group, what % of your disposable income do you spend in Whistler (e.g. groceries, restaurants, clothing, goods and services) <p>He has been really busy of late, but we are on his radar screen and will keep plugging away at getting this data either from RMOW existing information or from new survey questions.</p>	Sue and Melissa to continue working with Norm McPhail
Initiative #2 : 3 rd Annual Town Hall Meeting	<p>It was discussed and generally agreed:</p> <ul style="list-style-type: none"> ➢ Last year's date was a good one, so let's stick with a similar time frame ➢ Keep with similar format ... short presentation then breakout groups to discuss issues ➢ Topics that need community input center around program participation and advocacy ➢ Norm McPhail has offered to speak at the meeting ... perhaps we can flex the topics to include things the Muni wants to know ➢ Program participation ... what programs are there a need for right now? In one year? In five years? What are the deterrents to program participation? Is there a need for a drop in right now? There are 450 people over the age of 65 in our community, but drop in attendance is marginal to non-existent? ➢ Advocacy ... what needs to be advocated for at a municipal level? At a provincial level? What are the community's priorities? 22% of the community is in the 45 – 64 year old age demographic ... how to ask them what they want in order to age in place? 	All to start thinking of questions for breakout discussion Sue to e-mail Norm to confirm his availability on Jan 12
Initiative #3 : Create a Seniors' Meeting Place on the Mountain	Fun discussion on this one! Great ideas, and Dawn agreed to spearhead this initiative with lots of help from all of us when needed.	

		Dawn to make preliminary inquiries about creating a SMP
	We will await her preliminary research report before making any further decisions.	
Pickle Ball Update	Melissa reported there is a pickle ball court in Cheakamus Crossing and some discussion about a league next summer. More details to follow.	
Action Steps	<ol style="list-style-type: none"> 1. continue working on the Transportation Initiative 2. Flu Shot/Wellness Expo flyer on MAC website 3. mark the flu/wellness expo date and come in costume! 4. call Melissa for Welcome Dinner volunteering 5. explore Savvy Whistler Guide for Seniors publishing alternatives at next meeting. 6. continue working with Norm McPhail to collect data needed 7. start thinking of questions for breakout discussion at Town Hall meeting 8. e-mail Norm to confirm his availability on Jan 12 9. make preliminary inquiries about creating a SMP 	<p>Sue and Melissa Sue All All All</p> <p>Sue and Melissa All Sue Dawn</p>
Set Next Meeting Date	The next meeting date was set for Wednesday, 12 November 2014 in the Seniors' Room at <i>The Whistler Blackcomb Foundation Social Services Centre</i> at 5:30 p.m.	
<h2 style="color: blue;">Parking Lot</h2>		
1.	Nurse Practitioners in Whistler – a new model for gerontology?	
2.	How do Seniors age in place in a virtual community?	
3.	Is there a role for the group as a catalyst for support groups?	
4.	Library partnership potential?	
5.	Vehicle sharing of Adaptive Sports van – this could come into play with STAR initiative????	
6.	Schedule follow up Town Hall meeting later in the year (2012)	

Next Meeting Takes Place....

Date	01 Oct 2014	Start	5:30 p.m.	End	7:00 p.m.	Location	Outreach Room, WB Foundation Social Services Centre (Spring Creek)
-------------	-------------	--------------	-----------	------------	-----------	-----------------	--