


Meeting Record	<h2 style="text-align: center;">Senior's Needs Assessment Focus Group Meeting</h2> <p style="text-align: center;"><b>Wednesday, 03 September, 2014 5:30 p.m.</b></p>	
<b>Facilitator and note taker:</b>	Sue Lawther	
<b>Attendees:</b>	Sue Lawther, Kathy Macalister, Freda Cook, Melissa Deller, Judy Gaudin-Riese, Linda Jenkinson	
<b>Regrets:</b>	Dawn Minnett, Celia Brooks, Phil Mitchell, Jan Mitchell, Michelle Cary-Barnard, Linda McKean	
<b>Guests:</b>		
Issue	Discussion	Action:
Opening Remarks	Sue welcomed everyone to the first meeting of the 2014-2015 season!	
Review of Last Meeting's Action Steps	Review Action Steps from last meeting: <ol style="list-style-type: none"> <li>1. continue working on transportation grant application to WHCF</li> <li>2. work with The Question and distribute tasks as needed throughout the summer</li> <li>3. meet Tuesday, June 10th to work on NH's for Seniors grant application</li> <li>4. get the word out to sign up for Ironman volunteer</li> <li>5. Have a fabulous summer</li> </ol>	Ongoing Completed  Completed  Completed Completed
Transportation Update	Melissa reported that the Committee is seeking funding for the expansion of the Volunteer Driving program to Pemberton and Squamish. Sea to Sky Community Services is the umbrella organization applicant, and we have given a presentation to the Whistler Health Care Foundation. We will also be applying to the Whistler Blackcomb Foundation and the Squamish Hospital Foundation. Lois Wynn and Liz Wood from SSCS are spearheading the applications.	Sue and Melissa to continue working with SSCS on Transportation fund raising
Seniors' Outreach Report	<ul style="list-style-type: none"> <li>• Melissa's job title has changed. She is now classified as a Seniors' Outreach Worker and can be reached at <a href="mailto:melissa@mywcss.org">melissa@mywcss.org</a>. This makes her role more inclusive within WCSS and more clearly reflects her job description (which remains the same).</li> <li>• Speakers booked to date include               <ul style="list-style-type: none"> <li>○ Invasive Species Sep 11</li> <li>○ Herbiology Sep 18</li> <li>○ Dr. Gabor at the Whistler Secondary School on Sep 23 @ 7 pm.</li> <li>○ Wellness Seminar (suicide prevention) Oct 17</li> <li>○ Estate Seminar (Peter Shrimpton) Oct 23</li> </ul> </li> <li>• Flu Shot Clinic is October 31 ... !!!!!</li> <li>• Welcome Dinner is November 19 ... volunteers needed. Contact Melissa.</li> <li>• November Speaker series theme will be Transitioning in Older Ageing as well as an evening program based on a Q &amp; A Forum format to give us all ideas on how to navigate the health care system</li> </ul>	

	<ul style="list-style-type: none"> <li>The SNOW program (Support Network of Whistler) will be featured again this year under the direction of Christine Sutter. Looking at changes in your life, the program is open to all ages and will run from October 8<sup>th</sup> to November 26<sup>th</sup></li> <li>Joan Pitman has now joined the Silver Linings writing crew. Welcome Joan!! She will report on MAC activities and initiatives and concerns to let the community know what we are all doing.</li> </ul>	
Savvy Whistler Insert Update	The Guide draft is well underway. Melissa will contact us for help as needed. Target production date is prior to the Flu Clinic so we can distribute the first copies at the Clinic.	Melissa to contact us as needed to proof the Savvy Whistler Guide
New Horizons' for Seniors Grant Application	The grant application was submitted on July 3 <sup>rd</sup> (due date was July 4 <sup>th</sup> ). We have received a confirmation of receipt letter from New Horizons for Seniors and we now await the announcement of successful applicants in January 2015.	
Ironman Update	The was active discussion recapping our Ironman experience and at the end of the day it was generally agreed that perhaps seniors should not be working the Village route due to the congestion, the amount of pedestrian and visitor traffic, and our lack of training in crowd control. We will seek a 'desk job' next year, possibly in the days leading up to the race when the stress level is not so high.	Sue to contact Donna Savage to 'chat' about a more suitable role for us
Initiative #1 : Collect Data	<p>Sue and Melissa met with Norm McPhail, General Manager of Corporate and Community Services, who agreed to help us collect some hard data. We will get 5 questions on the RMOW November survey pertaining to seniors. The group discussed the following data they felt would be of importance (in no particular order):</p> <ul style="list-style-type: none"> <li>✓ How many 2<sup>nd</sup> homeowners between the ages of 45 and 64 who are planning on making Whistler their primary residence</li> <li>✓ What the projected growth patterns are</li> <li>✓ How many current residents are planning on ageing in place here in Whistler</li> <li>✓ If access to health care was expanded, would that influence your decision to stay</li> <li>✓ By age group, what % of your disposable income do you spend in Whistler (e.g. groceries, restaurants, clothing, goods and services)</li> </ul>	Sue and Melissa to contact Norm McPhail to keep the conversation going
Initiative #2 : 3 <sup>rd</sup> Annual Town Hall Meeting	During a meeting with Norm McPhail, he offered to attend our next Town Hall meeting! Wa-hoo! We are delighted. January seems to work well for everyone, so the current thought is to plan again for January and come up with a workshop that will be of value to both the RMOW and to seniors in Whistler.	All to Brainstorm further at October meeting
Initiative #3 : Create a Seniors' Meeting Place on the Mountain	It was generally felt we should approach Wendell to feel this out before we go any further. Further discussion was tabled until next meeting.	All to Brainstorm further at October meeting
Action Steps	<ol style="list-style-type: none"> <li>continue working with SSCS on Transportation fund raising</li> <li>contact us as needed to proof the Savvy Whistler Guide</li> <li>contact Donna Savage to 'chat' about a more suitable role for us</li> <li>think about ideas for our 3<sup>rd</sup> annual town hall meeting featuring guest speaker Norm McPhail</li> <li>contact Wendell to sound out the idea of creating a seniors' meeting place on the mountains</li> </ol>	<p>Sue and Melissa Melissa Sue All</p> <p>Sue</p>
Set Next Meeting Date	The next meeting date was set for <b>Wednesday, 01 October 2014</b> in the Seniors' Room at <i>The Whistler Blackcomb Foundation Social Services Centre</i> at <b>5:30</b> p.m.	
		

1.	Nurse Practitioners in Whistler – a new model for gerontology?
2.	How do Seniors age in place in a virtual community?
3.	Is there a role for the group as a catalyst for support groups?
4.	Library partnership potential?
5.	<b>Vehicle sharing of Adaptive Sports van – this could come into play with STAR initiative?????</b>
6.	Schedule follow up Town Hall meeting later in the year (2012)

**Next Meeting Takes Place....**

<b>Date</b>	01 Oct 2014	<b>Start</b>	5:30 p.m.	<b>End</b>	7:00 p.m.	<b>Location</b>	Outreach Room, WB Foundation Social Services Centre (Spring Creek)
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