

# Meeting Record


## Senior's Needs Assessment Focus Group Meeting

Wednesday, 03 December, 2014 5:00 p.m.

<b>Facilitator and note taker:</b>	Sue Lawther
<b>Attendees:</b>	Sue Lawther, Kathy Macalister, Freda Cook, Linda Jenkinson, Celia Brooks, Linda McKean, Phil Mitchell, Jan Mitchell, Judy Gaudin-Riese
<b>Regrets:</b>	Michelle Cary-Barnard, Melissa Deller, Dawn Minnett
<b>Guests:</b>	

Issue	Discussion	Action:
Opening Remarks	Sue welcomed everyone to the meeting and thanked participants for accommodating the earlier meeting time. This will be an abbreviated meeting to allow everyone to get where they need to be on time!	
Review of Last Meeting's Action Steps	<p>Review Action Steps from last meeting:</p> <ol style="list-style-type: none"> <li>1. continue working on the Transportation Initiative</li> <li>2. Flu Shot/Wellness Expo flyer on MAC website</li> <li>3. mark the flu/wellness expo date and come in costume!</li> <li>4. call Melissa for Welcome Dinner volunteering</li> <li>5. explore Savvy Whistler Guide for Seniors publishing alternatives at next meeting.</li> <li>6. continue working with Norm McPhail to collect data needed</li> <li>7. start thinking of questions for breakout discussion at Town Hall meeting</li> <li>8. e-mail Norm to confirm his availability on Jan 12</li> <li>9. make preliminary inquiries about creating a SMP</li> </ol>	
Initiative #2 : Town Hall Meeting	<p>It was agreed at the last meeting that the topics that need community input center around program participation and advocacy. The draft suggestions were discussed and finalized as follows:</p> <ol style="list-style-type: none"> <li>1. Program participation ...               <ol style="list-style-type: none"> <li>a. what programs are there a need for right now? In one year? In five years?</li> <li>b. What are the deterrents to program participation?</li> <li>c. Is there a need for a drop in right now? There are 450 people over the age of 65 in our community, but drop in attendance is marginal to non-existent? Does location play a part in participation?</li> <li>d. If the seniors' centre needs to relocate, what existing meeting space should be considered? If the seniors' centre does not need to relocate, what would enable better program participation?</li> </ol> </li> <li>2. Advocacy ...               <ol style="list-style-type: none"> <li>a. What needs to be advocated for at a municipal level? At a provincial level?</li> <li>b. What does that advocacy look like? (action steps)</li> <li>c. What are the community's priorities?</li> <li>d. How do we involve the 45 – 64 year old age demographic ... how</li> </ol> </li> </ol>	Sue to circulate draft questions to RMOW for feedback

	to ask them what they want in order to age in place?	
Town Hall Housekeeping	<p>Town Hall Meeting Housekeeping issues:</p> <ul style="list-style-type: none"> <li>• Date Change <ul style="list-style-type: none"> <li>○ Unable to secure venue for January 12</li> <li>○ Date now <b>January 19</b> @ Our Lady of the Mountains Church Hall 6:30 p.m. to 8:30 p.m.</li> </ul> </li> <li>• Marketing <ul style="list-style-type: none"> <li>○ Ad to go in The Pique</li> <li>○ Mention to go in Silver Linings column</li> <li>○ Posters for community distribution</li> <li>○ eblast to go out to MAC membership</li> <li>○ direct invitations to go to past participants who are not MAC members</li> <li>○ work with RMOW to promote and advertise</li> </ul> </li> <li>• Set up <ul style="list-style-type: none"> <li>○ Tables will be set up by Church staff – need 8 rounds with 2 in reserve plus 2 for refreshments</li> <li>○ put paper on and print questions on each of our tables</li> <li>○ set up AV ... need to contact David Oakes for projector and screen</li> <li>○ all set up crew to be there by 5:30 p.m.</li> </ul> </li> <li>• Table hosts <ul style="list-style-type: none"> <li>○ We will set up 8 tables and have 2 more in reserve ready to go if necessary</li> <li>○ Kathy, Dawn, Melissa (in absentia), Judy, and Phil volunteered to facilitate a table</li> <li>○ Will ask Stacey Murl, Bob Murl, and Bob Calladine to facilitate again this year</li> </ul> </li> <li>• Meet and Greet <ul style="list-style-type: none"> <li>○ Need 2 meet and greet'ers ... Celia and Judy??</li> </ul> </li> <li>• Moderator <ul style="list-style-type: none"> <li>○ Norm McPhail will co-moderate the evening with Sue</li> </ul> </li> <li>• Report on last year's achievements <ul style="list-style-type: none"> <li>○ Sue will give an update on action steps identified at last year's meeting</li> </ul> </li> <li>• Refreshments <ul style="list-style-type: none"> <li>○ Linda Jenkinson and Michelle volunteered to do the refreshments again</li> <li>○ Coffee needs to be started early in the large urn ... need to make sure the urn is set up ready to go by church staff</li> </ul> </li> <li>• Tear down <ul style="list-style-type: none"> <li>○ All hands on deck!</li> </ul> </li> </ul>	<p>Sue to undertake marketing for event  Sue to ask Board members for participation where needed  Sue to contact David Oakes  Sue to circulate final questions and table facilitator notes at least 10 days before event  All – be there by 5:30 p.m. for set up</p>
Sea to Sky Transportation Committee Update	We await the WB Foundation announcement. If not successful, we will approach private funding sources who are not under the same CCRA guidelines as non-profit agencies.	Sue and Melissa to continue working on the Transportation Initiative
Seniors' Outreach Report	<p>Another very successful year! Sorry that I'm not able to attend this evening. I will be participating in a project called "GP for Me" as a local community member and Rotarian.</p> <p>1. Thank you for attending in the book review at the Library with What Makes</p>	<p>All - Look for a new home for our Ping Pong table  All - Explore options for a meeting place</p>

	<p>Olga Run by Bruce Grierson if you have a chance to check out some of the u-tube videos they are really great. I hope you all enjoyed it and were able to take something away</p> <ol style="list-style-type: none"> <li>2. Savvy Guide: Please replenish around whistler &amp; pass along to anyone you know who does not have one, I've very happy about the content that is within this.</li> <li>3. When I was working with you all for the furnishing for this space and ordering things we did purchase the Ping pong table. Now that I have had a few summers, it has been used on a VERY limited base for a few reasons, The numbers of overall participants for the "Drop In" in the summer are lower and I have not had anyone keen in using it. Also the space outside is challenging as if the ball gets hit off it rolls into the grass/sand area or just the open space so for anyone as a beginner there is more time spent running after the ball than rallying it back and forth. With that being said the space that is it now being stored is being allocated for some shelving units in the future. Please let me know what your decision is around this as I will need to let my supervisor and ED know</li> <li>4. Intergenerational books Event: This was also funds from the New Horizon Grant and marked for Intergenerational. I have put an email out to both principles of Myrtle Philip &amp; Spring Creek School to connect and host a 1 day(afternoon) event where local seniors are encouraged to join in the 'giving' of books purchased by MAC. This will be dependent on the schools but I'm aiming for either Jan or Feb. The money must be spent by WCSS year-end being March 30 2015.</li> <li>5. For your information, the board is going through some policy revisions and moving forward it is required that a WCSS staff member needs to be present at any meetings that are hosted outside of the WCSS office hours in order for the space to be used. A significant factor into this decision is the insurance that is required.</li> </ol> <p>Brief discussion highlighted the following:</p> <ul style="list-style-type: none"> <li>• We will look for a home for the ping pong table ... will ask at the Town Hall meeting as well as circulate to our Board members.</li> <li>• Will wait date for Intergenerational Book Event and send out notice of event at that time.</li> <li>• Will work on a new meeting place for Focus Group ... insurance issues can be tricky and we have no wish to place the added stress on Melissa (and WCSS) of having to attend our meetings. There are lots of alternatives and the group is flexible.</li> </ul>	
Savvy Whistler Insert Update	General discussion occurred as to future sponsorship. Will explore more fully at next meeting.	
Ironman Update	<p>Freda reported that she spoke to Dawn Minnett and she has volunteered to be next year's captain. A huge thank you to Freda for the past two years ... such an amazing captain and you leave big shoes to fill. And a huge thank you to Dawn for taking this on ... let us know when and how we can help!</p> <div style="text-align: center;">  </div>	
Action Steps	<ol style="list-style-type: none"> <li>1. circulate draft questions to RMOW for feedback</li> <li>2. undertake marketing for Town Hall Meeting (THM)</li> <li>3. ask Board members for participation at THM where needed</li> <li>4. contact David Oakes for projector and screen for THM</li> <li>5. circulate final questions and table facilitator notes for THM at least 10 days before event</li> </ol>	<p>Sue Sue Sue Sue Sue</p>

	6. be at Our Lady of the Mountains Church Hall by 5:30 p.m. for set up 7. Look for a new home for our Ping Pong table 8. Explore options for an alternative meeting place	All All All
Set Next Meeting Date	The next meeting date was set for 5:30 p.m. <b>Wednesday, 07 January 2015</b> with location TBA	
<h2>Parking Lot</h2>		
1.	Nurse Practitioners in Whistler – a new model for gerontology?	
2.	How do Seniors age in place in a virtual community?	
3.	Is there a role for the group as a catalyst for support groups?	
4.	Library partnership potential?	
5.	<b>Vehicle sharing of Adaptive Sports van – this could come into play with STAR initiative????</b>	
6.	<p>Initiative #1 : Data Collection</p> <p>We continue to work with RMOW's Norm McPhail on the following data points:</p> <ul style="list-style-type: none"> <li>• How many 2nd homeowners between the ages of 45 and 64 are planning on making Whistler their primary residence</li> <li>• What the projected growth patterns are</li> <li>• How many current residents are planning on ageing in place here in Whistler</li> <li>• If access to health care was expanded, would that influence a decision to stay</li> <li>• By age group, what % of your disposable income do you spend in Whistler (e.g. groceries, restaurants, clothing, goods and services)</li> </ul> <p>He has been really busy of late, but we are on his radar screen and will keep plugging away at getting this data either from RMOW existing information or from new survey questions.</p>	
7.	<p>Initiative #3 : Seniors Meeting Place on the Mountain</p> <p>Dawn agreed to spearhead this initiative with lots of help from all of us when needed. We will await her preliminary research report before making any further decisions.</p>	

### Next Meeting Takes Place....

Date	07 January 2015	Start	5:30 p.m.	End	7:00 p.m.	Location	TBA
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