



MAC Annual General Meeting

Our Lady of the Mountains Roman Catholic Church Hall
Whistler, British Columbia
April 13, 2015

1.0 CALL TO ORDER

Director Bob Calladine called the 19th Annual General Meeting of the Mature Action Committee of Whistler to order at 6:38 PM. Director Calladine, as the facilitator of the AGM, welcomed members to the meeting and introduced the Executive Members at the table: Stacey Murl (Vice President and Nominations Chair), Bob Murl (Membership Chair), Rosemary Cook (Treasurer) and Sue Lawther (President).

2.0 APOLOGIES

None

3.0 VALIDATION AND QUORUM

Director Calladine confirmed notice of the meeting was posted in local newspapers and the notice and agenda were circulated to MAC members and placed on the MAC website in compliance with requirements.

Membership Chair Murl confirmed attendance was 20 members over the required quorum (20% of membership) and the meeting lawfully opened.

4.0 MINUTES OF PREVIOUS MEETING – April 7, 2014

It was moved by D. Oakes, Seconded by D. Wylie that the Minutes be approved as circulated. Motion carried.

5.0 REPORTS

5.1 President's Report (S. Lawther)

Our path remains much the same as we progress towards our long term goal – making Whistler a place where seniors can 'age comfortably in-place'. Our focus includes both the creation of more affordable housing for seniors, and meeting the health and social needs of seniors in our community.

- There has been a change to our partnership with Whistler Community Services Society (WCSS) as they return to their core value of providing services to the vulnerable at-risk community members. The Seniors' Outreach Worker's position will be reduced from 32 hours per week to 16 hours per week as the programming portion of that role is dropped. Cheryl Skribe, Executive Director of WCSS, spoke to attending members about the changes and stressed that services would continue for at-risk seniors and that the current Seniors' Outreach Worker, Melissa Deller,

would continue in her role providing the service to vulnerable, at-risk seniors we have grown accustomed to in our community.

- This change in WCSS services has impacted following services:
 - Seniors Drop In Centre and programming
 - Annual Seniors' Town Hall meeting co-sponsor
 - Seniors' representation on Measuring Up Select Committee of Council, Sea to Sky Transportation Committee and The BC Transit Committee
 - Seniors' liaison with RMOW Parks and Rec for programming and services
 - Sharing and caring activities (Seniors Helping Seniors)
 - Coffee and connecting activities
 - Walking and Snowshoeing program for healthy seniors
 - New Horizons for Seniors grant participation ... Digital Storytelling partnership
- Christine Burns, Program Services Supervisor RMOW, spoke to the programming opportunities created by the WCSS changes. MAC will continue to work with the RMOW to ensure minimum disruption of service and targeted, effective programming for seniors through the RMOW.
- MAC is working diligently to source a more centrally located drop in centre (more on this in the Town Hall Meeting summary).
- MAC is also exploring opportunities for corporate funding and sponsorship for programming.
- And finally, MAC is working with Better at Home to ensure maximum benefit to the community. This is a BC Government program funded through United Way that was piloted in the Sea To Sky Corridor 2 years ago. Jane Ballance, program coordinator is here tonight to let you know what services are available to enable you to continue to live independently in your home. Her contact details for further follow-up are :
 - Box 949-38144 2nd Avenue,
 - Squamish BC V8B 0A7
 - T: 604-892-5796
 - 1-877-892-2022
 - F: 604-892-2267
 - E: jane.ballance@sscs.ca

1. The 3rd Annual Town Hall Meeting was held on January 19, 2015. The meeting was an opportunity to sit down with invited representatives from various community groups and members at large from the seniors' community.
 - The attendees provided amazing feedback and lively discussion and summarized as follows:

Question 1: What needs to be advocated for :

At a municipal level?

- More senior representatives on muni committees
- Increase bedcap for assisting living housing close to the Village
- Multi-level care housing
- Better buses and routes throughout the valley
- Taxi voucher system
- Increase access/understanding of various sports classes for seniors at Meadow Park – always booked out
- Seniors discounted bus passes
- More/upgraded lighted areas
- Central location for seniors homes and recreation centre
- Meadow Park and Cheakamus Crossing rec centres - senior rates during low usage times
- Set aside Holborn or other property near Village and rezone for future assisted living residences
- Preventative health services
- Set up an association of smaller BC communities to discuss similar problems & share solutions
- Less aggressive outdoor recreation options e.g. easier bike & hiking trails
- Obtain senior related statistics from muni & province to use for lobbying purposes
- Accessibility in the community, more street/trail lightening
- One level units for seniors housing

- Website to access various seniors needs and combine/share with other corridor communities
- Options to age in place in our own home – home support
- Defer costs for muni utilities and levies
- Need to know how to access information for seniors (see SAVVY Guide, put on muni website?)
- Increase MAC membership to provide a greater voice for lobbying for these services.
- Listing of what services are available in the home after surgery, accident or mobility issues?
- Seniors rate at RMOW facilities as in other communities
- Listing of what specialists are currently available in Whistler

At a provincial level?

- Stronger representation in Victoria from the municipal level and from our MLA on seniors' issues
- More efficient bus schedule and routes throughout the valley using smaller buses within subdivisions
- Seniors discounted bus passes
- Transportation opportunities throughout the corridor – linking Pemberton, Whistler and Squamish with each other and with Vancouver
- More specialists for the corridor
- Preventative health services
- Lobby for options to age in place in our own home
- Overnight care for emergency situations at Health Care Centre
- Highway safety upgrades to lightening and painted lines on highway are necessary for night driving and safe crossing
- Listing of what services are available in the home after surgery, accident or mobility issues
- Co-coordinating with local public health care/doctors for these services.

Question 2: What does the advocacy look like (action steps)

At a municipal level?

- Representative on council committees
- Raise the bedcap to enable multi-level care facility close to the Village
- Large print signage and contrast colours for bus schedules, posted in bus shelters
- Create zoning for future seniors housing projects
- Identify how much housing will be needed in the future for seniors based on demographic analysis
- Push for more seniors activities at Meadow Park during lower usage time
- Seniors will have to use these activities if muni creates more space, or lose them
- Transit options to Squamish & the city.
- Presentation at Union of BC Municipalities meetings similar to those provide to RMOW council
- Get local clubs involved with fund raising for seniors housing, Lions Club, Rotary, W/B Foundation.
- MAC is now recognized at muni hall, Council aware of growing seniors population in Whistler
- Also MAC presentation to local MLA so they are aware of what we want for seniors
- Rezone land close to Village for seniors housing
- Support to be able to live in our own homes
- Highway safety – collect data re night time accidents
- Partner muni staff with MAC member to walk/drive around the valley and see what seniors need
- Information on what is going on and what is being done on various community committees?
- More MAC members doing presentations in front of Mayor and council
- Get local clubs involved with fund raising for seniors housing, Lions Club, Rotary, W/B Foundation.

At a Provincial level?

- Representative on provincial seniors' committees
- Improved transportation connecting Pemberton, Whistler and Squamish with each other and with Vancouver
- Sea to Sky transportation initiative for whole corridor
- Presentation at Union of BC Municipalities meetings similar to those provide to RMOW council
- MAC presentation and/or letter to local MLA so he is aware of what we need for seniors
- Home Support to be able to live in our own homes
- Highway safety improvements
- Ask for Hwy 99 maintenance rep to speak at MAC meeting for feedback on what seniors need

- Identify which provincial committee(s) is discussing seniors' issues?
- Seniors housing is a huge issue

Question 3: How would you prioritize these issues?

1. Housing and Multi-level care facility
2. Transportation
3. Health Care / Home Support

Question 4: What programs are there a need for right now?

- Home care / support
- More Town Hall Meetings
- Data gathering
- More arts for seniors
- Continuing education classes
- increased seniors hours at Meadow Park
- Need to increase number MAC members for better lobbying voice
- Plans for central seniors' facility
- Seniors' book club at the Library (partnership?)
- More social activities, dancing, BBQ, hikes, walks etc.
- Awareness campaign for seniors of services already available

In 1 year?

- More seniors meetings
- Call in radio show
- Move seniors centre to central location
- Continue SAVVY Guide, need more supporters to keep it going
- Better Valley Trail lightening
- Improve transportation options
- Meals on wheels type program
- Full medical support in the home

In 5 years?

- Home care services
- Assisted living to long term care
- Expanded food services for seniors
- Improved health care opportunities for seniors
- Regional long term care facility
- Assisted living in place NOW, so available when needed in the future

Question 5: What are the deterrents to program participation?

- Location, location, location
- Transportation, bus services
- Size of space at current seniors' centre
- Programs do not reflect the bus times
- Use of different terminology, if noted as "seniors centre", nobody wants to attend
- Lack of centralized services
- Lack of sidewalks
- Lack of awareness among local seniors
- Scheduling needs to be more creative, better targeted to who uses these programs

Next Steps:

1. Prioritize suggested solutions
2. Identify agency ownership opportunities

3. Meet with respective RMOW staff and targeted supply agencies to determine action plan going forward

It was moved by K. Wylie and Seconded by I. Grunwell to accept the President's Report as given. Motion carried.

For full report, please refer to website.

5.2 Treasurer's Report (Rosemary Cook)

Treasurer Cook provided a review of the revenue and expenses for 2014:

MATURE ACTION COMMUNITY WHISTLER, BC Fund Statement For the period February 1 – January 31 As of:	Year End 2015 Jan 31, 15	2014 Jan 31, 14
Bank balance Feb 1	\$4,465	\$3,365
Cash operations during year		
<u>Receipts:</u>		
Membership dues-current year	3,660	3,661
Club 50	8,031	
Donations	1,000	1,000
	<u>12,691</u>	<u>4,661</u>
<u>Expenditures:</u>		
AGM	856	606
Society Act registration fee	25	25
MAC website, development & maint.	331	0
Senior's Town Hall	517	428
Board Sundries	84	0
Postage/box rental	158	158
Access/Savvy guide costs (printing/advertising)	1,654	1,797
Bank charges	79	150
Vision strategy		168
PR/Misc	16	230
Club 50	7,412	
To Deposit acct	2,500	
	<u>13,631</u>	<u>3,561</u>
Net receipts (Expenditures)	-940	1,099
Bank balance	<u>\$3,525</u>	<u>\$4,465</u>
Deposit acct	\$2,500	
<u>Club 50 Summary:</u>		
Revenues	8,031	
Expenditures:	<u>7,412</u>	
Net receipts (Expenditures)	619	

It was moved by G. Leidal, seconded by J. Tyler, that the Financial Report be approved as circulated and presented. Motion carried.

5.3 Nominating Committee Report (Stacey Murl)

Director Murl reported a good response for nominations in response to the invitation circulated to all members. Nominations for a three year term are as follows:

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- ✓ Joan Richoz
- ✓ Dawn Minnett
- ✓ Wendy Aitken

Returning Board Members are as follows:

- a) Two Year Term: Bob Murl, Joan Pitman
- b) One Year Term: Stacey Murl, Rosemary Cook

Retiring Board members standing for re-election are:

- ✓ Bob Calladine (3 year)
- ✓ Sue Lawther (3 year)
- ✓ Gord Leidal (1 year)

It was moved by S. Stangel and Seconded by G. Watson that the nominations be approved. Motion carried.

The President, Vice President, Secretary and Treasurer will be appointed at the next Board meeting. Thanks again to our retiring Board of Directors Garry Watson, Mike Winter, Linda Winter for their dedication and support over the past year.

5.4 Membership Committee Report (Stacey Murl)

It was reported that we currently have 226 paid up members and still increasing. Number of paid members in April 2013 was 99.

It was moved by D. Eaton-Kent and Seconded by A. Winkle to accept the Membership Committee Report as given. Motion carried.

5.5 Housing Committee Report (Bob Calladine)

During the past year development of one new seniors housing project has started, and both interest and demand for more seniors housing has been confirmed through recent surveys. MAC has a continuing presence on the WHA Board of Directors, being yours truly Bob Calladine

And as many of you already know, there are 24 seniors housing units existing at Cheakamus Crossing; there is zoning in place for up to 40 seniors housing units at Rainbow, with 20 units now under construction; while a possible third opportunity on the Holborn Property remains long term, as this property continues to be a very low priority for the Developer.

For Cheakamus Crossing*At the Rise:*

- there are 6 town home style seniors units, all 3BR, & all are currently owned by seniors
- there was one resale over the past year

At The Falls:

- there are 18 apt. style seniors units, a mix of 1BR, 1BR + D, & 2 BR
- currently 5 units are owned by seniors
- there is one resale currently underway, for which NO seniors applied and made an offer. On resale for any of those 24 units, they are first offered to qualified Whistler seniors and those with adaptive needs, then offered to the general WHA waitlist

For Rainbow

1. Lot 11 - Solana:

- this is a new, relatively high end housing development specially designed for Whistler's seniors
- it includes 20 - 3BR units of varying sizes with underground parking; 19 units are pre-sold, with one 1800 sq. ft. unit still available
- construction is well underway, with occupancy expected near the end of 2015 or early next year

2. Lot 10 - owned by RMOW

- this lot, zoned for a maximum of 20-units, is available for more affordable seniors housing
- the units are likely to be apartment style, varying in size to suit the demand, complete with underground parking
- recent surveys of the MAC membership and seniors community have indicated an increasing interest and short term demand for both ownership and rental units
- discussions continue with the WHA for implementation of this housing project

3. Lot 9, the commercial area:

- development is currently underway
- includes 65 apartment style units, all employee restricted, with all expected to be rental; some may be available to Whistler retirees & seniors
- occupancy is expected during the spring of 2016

Looking forward, WHA advise -

- "Housing for our seniors and retired workforce will continue to be viewed as an important component of the housing continuum and 'aging in place' in our community"
- "and we will revisit the demand for seniors housing at Rainbow Lot 10 in the next few years"
- "In the meantime, we continue to remind our seniors and retirees that housing opportunities, both rental and ownership, do currently exist within our resident restricted inventory for local seniors to access"
- AND WHA is planning to proceed with a 20-unit condo complex on Lot 16 at Cheakamus Crossing in the near future; all units will be rental, which will further help alleviate their rental waitlist that now totals about 350

B. Calladine thanked fellow directors Garry Watson & Gord Leidal, both very active members of our seniors housing committee, and also Marla Zucht and Jessica Averiss of the WHA, for their ongoing support and assistance with seniors housing matters.

It was moved by L. Stroshin and Seconded by D. Malaher to accept the Housing Committee Report as given. Motion carried.

For full report, please see website.

5.6 Focus Group Report (Sue Lawther)

The Focus Group continues to:

- Work collaboratively with RMOW
- Continue to work with Squamish and Pemberton Seniors on Transportation Initiative
- Develop a stronger volunteer program (more volunteer opportunities)
- Expand our relationship with VCH and our own local doctors and health care providers
- Liaise with the local medical/health care community
- Identify community issues and work to include seniors in solutions
- Continue fundraising \$\$'s to support seniors advocacy and programming
- Identify new seniors' centre location opportunities and program sponsor
- Work with Better at Home to ensure maximum benefit to the community

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2014/15 initiatives were:

1. **Collect hard data**

In collaboration with RMOW, the following data will be collected over the next 12 months:

- How many 2nd homeowners between the ages of 45 and 64 are planning on making Whistler their primary residence
 - What the projected growth patterns are
 - How many current residents are planning on ageing in place here in Whistler
 - If access to health care was expanded, would that influence a decision to stay
 - By age group, what % of your disposable income do you spend in Whistler (e.g. groceries, restaurants, clothing, goods and services)

2. **5th Annual Seniors Flu Clinic and Expo**

In collaboration with WCSS, the annual seniors' flu clinic and expo was held on October 31, 2014 and attended by approx. 100 enthusiastic mature residents

3. **3rd Annual Town Hall Meeting**

In collaboration with WCSS, the third town hall meeting was held on January 19, 2015 and attended by 96 mature 'voices'

4. **Create a Seniors' Meeting Place on the mountains**

Look for the new senior's meeting place on Blackcomb and Whistler mountains in the 2015.16 ski season.

5. **5th Reprint of the Savvy Whistler Guide for Seniors**

In collaboration with WCSS and The Whistler Question, the Savvy Guide for Seniors was printed in October 2014.

6. **New Horizons' for Seniors grant application**

In partnership with The Whistler Arts Council and The Whistler Museum, we successfully applied for a digital storytelling project. We were awarded \$23,971 to produce a digitally formatted 'stories of Whistler' record to be available for common usage by local agencies and organizations.

It was moved by L. McKean and Seconded by J. Tyler to accept the Focus Group Report as given. Motion carried.

6.0 GENERAL DISCUSSION AND QUESTIONS

None

7.0 ADJOURNMENT

B. Calladine thanked the assembly for attending the meeting, acknowledged the retiring Directors for their contributions over the past years and welcomed the new Directors. The 20th meeting of the Mature Action Committee of Whistler was adjourned at 7:35 PM.

It was moved by B. Calladine that the meeting be adjourned and accepted by M. Blaxland.

SPECIAL PRESENTATION BY CANADIAN MEDIA DOCTOR, DR. ART HISTER

“A Humorous Look at Steps to Live Longer,

Healthier and Happier”