

RESEARCH PARTICIPANTS NEEDED

UBC researchers are inviting older adults with a study partner to participate in a study on social support for health behaviors

WHAT WILL WE HAVE TO DO?

- Participate in two appointments, complete everyday questionnaires on a tablet & wear physical activity monitor for 10 days, provide a blood sample.



WHO CAN PARTICIPATE?

- Eligibility: being **60** years or older and participating together with a study partner. Call for additional criteria.

WHAT IS IN IT FOR US?

- Giftcard or receive an activity tracker.



HOW DO WE GET STARTED?

Phone **604-822-3549** or e-mail us at allies@psych.ubc.ca!



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Allies in Health Study

allies@psych.ubc.ca
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